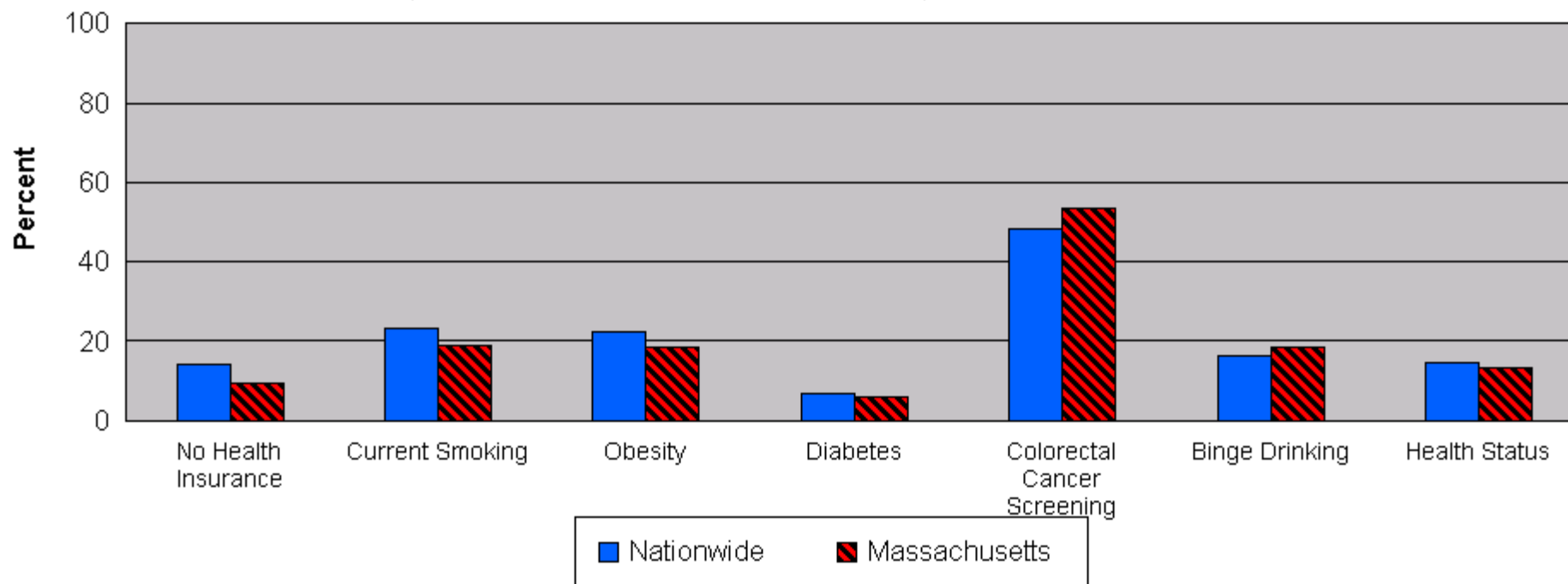


SMART BRFSS

(Selected Metropolitan/Micropolitan Area* Risk Trends from the Behavioral Risk Factor Surveillance System)

Massachusetts

Percentage of US and Massachusetts Adults Reporting Selected Health Risks, BRFSS 2002



Survey Definitions

No Health Insurance - Percentage of adults reporting no health care coverage in the past year

Current Smoking - Percentage of adults reporting having smoked at least 100 cigarettes in their lifetime and currently smoke

Obesity - Percentage of adults reporting Body Mass Index greater than or equal to 30.0

Diabetes - Percentage of adults told by doctor they have diabetes

Colorectal Cancer Screening - Percentage of adults 50 years or older reporting having ever had a sigmoidoscopy or colonoscopy exam

Binge Drinking - Percentage of adults reporting having five or more drinks on an occasion, one or more times in the past month

Health Status - Percentage of adults reporting general health as fair or poor

* Metropolitan statistical area - Group of counties that contain at least one urbanized area of 50,000 or more inhabitants. Micropolitan statistical area - Group of counties that contain at least one urban cluster of at least 10,000 but less than 50,000 inhabitants. Metropolitan Division - Smaller group of counties within a metropolitan statistical area which contains 2.5 million or more inhabitants. (Source: U.S. Office of Management and Budget)

SMART BRFSS

(Selected Metropolitan/Micropolitan Area Risk Trends from the Behavioral Risk Factor Surveillance System)

Massachusetts Areas

Percentage of Adults Reporting Selected Health Risks - Selected Massachusetts Areas, BRFSS 2002.

	Nationwide Median % *	Massachusetts % (±95% CI)†	Boston - Quincy, MA Metropolitan Division % (±95% CI)	Cambridge - Newton - Framingham, MA Metropolitan Division % (±95% CI)	Essex County, MA Metropolitan Division % (±95% CI)	Providence - New Bedford - Fall River, RI - MA Metropolitan Statistical Area % (±95% CI)	Springfield, MA Metropolitan Statistical Area % (±95% CI)	Worcester, MA Metropolitan Statistical Area % (±95% CI)
No Health Insurance	14.1	9.2 (±0.8)	10.2 (±1.8)	7.6 (±1.8)	9.4 (±2.7)	11.5 (±1.4)	10.7 (±2.7)	6.2 (±1.8)
Current Smoking	23.0	18.9 (±1.2)	19.4 (±2.4)	15.3 (±2.2)	20.9 (±3.9)	22.3 (±1.6)	21.3 (±3.5)	19.7 (±3.1)
Obesity	22.2	18.3 (±1.2)	17.7 (±2.2)	15.0 (±2.2)	19.2 (±3.7)	19.6 (±1.6)	19.4 (±3.5)	21.8 (±3.3)
Diabetes	6.7	5.8 (±0.6)	4.9 (±1.2)	5.1 (±1.4)	6.8 (±2.5)	5.9 (±0.8)	7.0 (±2.0)	6.8 (±1.8)
Colorectal Cancer Screening	48.1	53.4 (±2.2)	53.8 (±4.5)	57.3 (±4.9)	52.3 (±6.9)	51.7 (±2.7)	52.7 (±6.5)	47.6 (±5.9)
Binge Drinking	16.1	18.3 (±1.2)	21.1 (±2.4)	17.8 (±2.7)	18.0 (±3.9)	17.2 (±1.6)	16.7 (±3.3)	17.2 (±2.9)
Health Status	14.7	13.3 (±1.0)	13.1 (±1.8)	11.5 (±2.0)	16.0 (±3.5)	13.8 (±1.2)	15.9 (±2.9)	13.3 (±2.6)

* Median percentage of 50 states, District of Columbia, Puerto Rico, Guam, and the U.S. Virgin Islands

NA = Prevalence estimate not available if the unweighted sample size for the denominator was < 50 or the CI half width > 10.

† CI Confidence Interval.

Counties included in Area Estimates

Boston-Quincy, MA Metropolitan Division

Norfolk County, MA; Plymouth County, MA; Suffolk County, MA

**Cambridge-Newton-Framingham, MA
Metropolitan Division**

Middlesex County, MA

Essex County, MA Metropolitan Division

Essex County, MA

**Providence-New Bedford-Fall River, RI-MA
Metropolitan Statistical Area**

Bristol County, MA; Bristol County, RI; Kent County, RI; Newport County, RI; Providence County, RI; Washington County, RI

Springfield, MA Metropolitan Statistical Area

Franklin County, MA; Hampden County, MA; Hampshire County, MA

Worcester, MA Metropolitan Statistical Area

Worcester County, MA